



Get Ready to Read

with Medina County District Library

Teach Gratitude

The upcoming holidays provide an opportunity to teach and practice gratitude. Young children are by nature self-focused; however, studies show children who practice gratitude are more empathetic, less demanding, and overall happier. There are many ways to instill these qualities.

- **Define being grateful** as noticing something in your life that makes you happy. Being grateful helps children to see the best in others and the world.
- **Say it aloud.** Talking about gratitude helps children understand what we are thankful for. "Look at this grocery cart filled with delicious food! We are so fortunate to be able to bring it home to our family."
- **Make gratitude a part of your day.** Whether it is at bedtime or mealtime, make expressing your thanks a regular habit in your daily routine.
- **Describe what you appreciate** about your child. Appreciation can be a bigger motivator than praise. It also provides a deep connection between the two of you.
- **Read books!** Books offer a variety of perspectives, plus children often find picture books easier to understand and more relatable. Try some of these preschool-level selections:
 - *Thankful* by Eileen Spinelli
 - *Being Thankful* by Mercer Mayer
 - *Biscuit is Thankful* by Alyssa Satin Capucilli
 - *The Thankful Book* by Todd Parr

Song

I Am Thankful

(to the tune of *She'll Be Coming Round the Mountain*)

I am thankful for my mommy and my dad,
They both love me whether I am good or bad,
I am thankful for our food
And everyone's good mood,
All the happy things around me make me glad.

Books to Read

The Voice in the Hollow by Will Hillenbrand

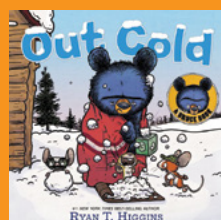
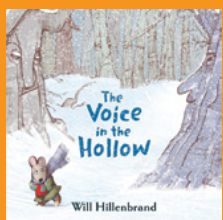
There Was a Party for Langston by Jason Reynolds

Out Cold: A Little Bruce Book by Ryan T. Higgins

Sir Morien: The Legend of a Knight of the Round Table
by Holly Black & Kaliis Smith

Kiki Kicks by Jane Yolen & Ariel Stemple

Finn's Little Fibs by Tom Percival





November 2023



Fun activities to promote literacy and learning

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Listen to jazz music and make trumpet noises. Make other instrument noises.	2 Say "Hello" in a high voice all day today. Say "Goodbye" in a low voice.	3 Use toilet paper rolls as binoculars and find green things around your house.	4 Visit the library and look for a book about turkeys.
5 Cut up a picture from a magazine. Put it back together like a puzzle.	6 Find a new way to play with an old toy.	7 Read a book with a yellow cover.	8 Move cotton balls from one pile to another using tongs or tweezers.	9 Play fun games like <i>Hide-and-Seek</i> or <i>I spy</i> .	10 Put Cheerios in a bowl. Guess how many, then count them.	11 String Cheerios onto string. Hang it outside for the birds.
12 Make a peanut butter and jelly sandwich. Tell a story about how peanut butter is made.	13 What sounds do you hear on the way to school today? (dog barking, horn beeping)	14 Q is for quilt. Draw squares on paper. Your family can draw things they are thankful for.	15 Put tape on the floor like a tightrope. Walk on it with a beanbag on your head.	16 National Button Day! Practice unbuttoning and buttoning a shirt.	17 What day of the week is it today? What day was yesterday? Tomorrow?	18 Thank someone for something special they did for you today.
19 Count pumpkins you see as you take a walk.	20 Eat leftovers and have family game night!	21 Read a book you have never read before.	22 Make a cozy reading corner with pillows, blankets, and a flashlight.	23 Put on music and have a dance party!	24 Visit the library and say "Hi" to the librarian.	25 Give out ten hugs today.
26 National Cake Day! Follow a recipe and bake a cake. What is your favorite flavor?	27 Can you think of any words that rhyme with new?	28 Write your thankful list and read it to your family.	29 Introduce your favorite stuffed animal to a friend or neighbor.	30 Clap the syllables in your name. How many are there?		

Find additional MCDL events at mcdl.info/Events